



Directions:

1. Determine if your child can perform all the skills in each category.
2. Find the last category in which your child can perform ALL skills, and look at the next level recommended. This will be the level in which your child should be placed.
3. If you have questions regarding placement, please call the facility that you are interested in enrolling your child(ren):

Carmody and Whitlock: 720.963.5371
 Green Mountain: 303.987.7836
 Link: 303.987.5426

Glennon Heights: 303.989.7946
 Morse Park: 303.235.6881

Preschool Evaluation (3-5 years of age)

Begin Here:

- My child: Has never been in swimming lessons
 Is afraid of the water
 Cannot put his/her face in the water

If **ANY/ALL** of the above are marked, put him/her in: **Beginning Preschool**

- My Child can: Enter water independently
 Can put his/her face in the water and blow bubbles for 3 seconds
 Glide on front/back for 2 body lengths
 Float on front/back for 3 seconds

If **ALL** of the above are marked, put him/her in: **Intermediate Preschool**

- My Child can: Glide on front/back for 2 body lengths
 Float on front/back for 2 body lengths
 Swim using combined arm and leg action for 3 body lengths

If **ALL** of the above are marked, put him/her in: **Advanced Preschool**

Regular Evaluation (6 years of age and older)

Begin Here:

- My Child: Has never been in swimming lessons
 Is afraid of the water
 Cannot put his/her face in the water

If **ANY/ALL** of the above are marked, put him/her in: **Level 1**

- My Child can: Enter water independently
 Bob 3 times
 Glide on front/back for 2 body lengths
 Float on front/back for 3 seconds

If **ALL** of the above are marked, put him/her in: **Level 2**

- My Child can: Float on front/back for 5 seconds
 Swim using combined arm and leg actions on front/back for 5 body lengths

If **ALL** of the above are marked, put him/her in: **Level 3**

- My Child can: Jump into chest deep water
 Swim front/back crawl for 15 yards with face in water
 Tread/Float for 30 seconds

If **ALL** of the above are marked, put him/her in: **Level 4**

- My Child can: Jump into deep water
 Swim on front/back crawl for 25 yards
 Swim elementary backstroke for 25 yards
 Swim breaststroke for 15 yards

If **ALL** of the above are marked, put him/her in: **Level 5**

- My Child can: Perform a shallow-angle dive into deep water
 Swim front/back crawls for 50 yards
 Swim breaststroke for 25 yards

If **ALL** of the above are marked, put him/her in: **Competitive Swimming**