# Lakewood/Denver
## Community Emergency Response Training (CERT)

**WHAT WOULD YOU DO IF AN EMERGENCY OR DISASTER HIT CLOSE TO HOME OR WORK?**

**What:** This emergency/disaster preparedness and response training (FEMA Course IS-317) teaches participants how to plan for an emergency and trains them in basic disaster response skills, including fire safety, light search and rescue, team organization, and emergency/disaster medical operations.

**Why:** The purpose of this training is to prepare individuals to be able to help themselves and their neighbors in the case that first responders are not immediately available during a large-scale emergency/disaster.

**Who:** This training is open to all individuals aged 16 and up and groups. We will accept up to 40 participants.

**When:** The course will be held on the following dates:

- July 10, 2014, 6:00 p.m. - 9:00 p.m.
- July 12, 2014, 8:00 a.m. - 5:30 p.m.
- July 19, 2014, 8:00 a.m. - 5:30 p.m.
- Class exercise: July 26, 10 a.m. – 2:30 p.m.

**You must attend all class sessions (3 days) and the exercise in order to complete the course.**

**Where:** Classes will be held in the Employee Relations Training Room, 480 South Allison Parkway, Lakewood, Colorado 80226. The training exercise will take place at Dick's Sporting Goods Park, 6000 Victory Way, Commerce City.

**How much:** The training is provided at NO COST to participants.

**Sponsored by:** City of Lakewood Office of Emergency Management, Denver's Office of Emergency Management and Homeland Security (OEMHS, Denver Amateur Radio Emergency Service (ARES) and the Colorado North Central Region

**To register or for more information:** Contact Mary Ann Valeska, City of Lakewood, at marval@lakewood.org or 303.987.7905.