

## Older Americans Month

# Time to get involved, become healthy

There's no better time for older adults to take charge of their health, get engaged in their communities and make a positive impact on the lives of others than during Older Americans Month, which is celebrating its 50th anniversary this May.

The theme for the 2015 celebration of the month is Get into the Act, and Lakewood provides a diverse array of events, classes and services for those age 55 or better to get into the act. Leading the celebration is Lakewood's Older Adult Fitness & Wellness Fair, which will be 9 a.m.-noon on May 29 at Lakewood Link Recreation Center, 1295 S. Reed St. Older adults can enjoy fitness demonstrations, try healthy snacks and speak to local agencies and companies that provide health and wellness services. This popular annual event is the best first step toward an enjoyable, active lifestyle.

Lakewood's Lloyd G. Clements Community Center, 1580 Yarrow St., is dedicated to providing older adults a wide variety of activities and services

that promote social, mental and physical wellness. Residents can receive blood pressure screenings and massage therapy or try out yoga and classes that range from fine arts and crafts to dance and computer skills. Clements also provides services that help older adults stay living independently in their homes such as Lakewood Rides, an assisted transportation program for trips to the doctor's office or the grocery store. Clements also serves Volunteers of America meals and offers hiking groups and Saturday Night Dances. Check out all the center's offerings by calling 303-987-4820 or going online to [www.Lakewood.org/ClementsCenter](http://www.Lakewood.org/ClementsCenter).

"Lakewood is a great city in which to be an older adult. At Clements, we are committed to supporting older adults in staying active and enhancing their quality of life," said Dawn Sluder, older adult and transportation supervisor at the center. "Clements is truly a place for

sharing experiences and staying a part of your community."

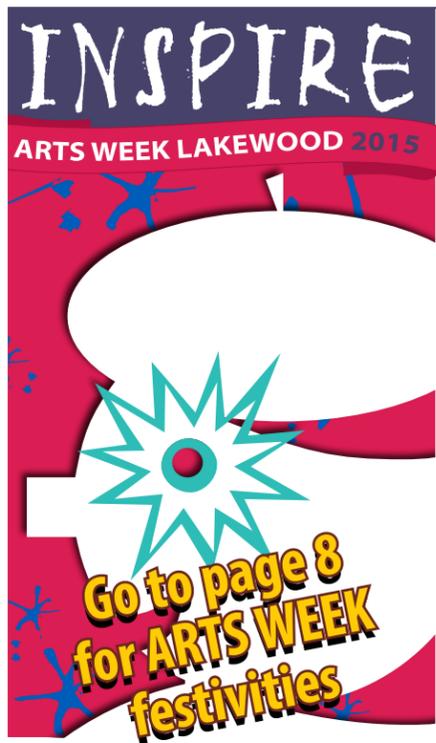
The artistry of the Clements Center participants is celebrated this month in the Corner Gallery where their artwork is on display at the Lakewood Cultural Center, 470 S. Allison Parkway. For the full lineup of Clements Center programs and opportunities, visit the center's quarterly program guide at [www.Lakewood.org/LivetheLife](http://www.Lakewood.org/LivetheLife).

For older adults looking to stay active or improve their physical health, Lakewood Recreation offers programs for all skill levels and abilities. Those who purchase or qualify for free senior memberships to Lakewood's four recreation centers are invited to participate in a number of general admission classes such as Zumba Gold, yoga and Theraball. Passes also can be purchased for older adult Pilates and therapeutic aquatics classes such as Aqua Ai Chi and Arthritis Movement, which are done in a heated pool to help relax muscles and ease pain. In

partnership with the Consortium for Older Adult Wellness, Lakewood offers residents a free assessment of their risk for falling, and they can speak to a wellness adviser about additional ways to stay active and healthy.

New this year, Bear Creek Lake Park is offering the Senior Naturalists program designed specifically for older adults. Meeting for two hours monthly, Senior Naturalists includes an educational talk and a guided exploration of the park. Senior Naturalists meet June 24, July 15, July 29 and Aug. 12. Sessions fill up, so register in advance at [www.Lakewood.org/BCLPevents](http://www.Lakewood.org/BCLPevents).

Lakewood also has a robust volunteer program, providing retirees an opportunity to put their skills and knowledge to work. Opportunities range from helping park naturalists at Bear Creek Lake Park to conducting work for the Police Department and helping with Lakewood's performances and festivals. Information on volunteering can be found at [www.Lakewood.org/Volunteer](http://www.Lakewood.org/Volunteer).



**INSPIRE**  
ARTS WEEK LAKWOOD 2015

Go to page 8  
for ARTS WEEK  
festivities



**A splash of color.** Two colorful and whimsical bicycle racks have been added near the entrance to the Morse Park pool for patrons to secure their bicycles. Two traditional bike racks also were added to the park near the pavilions and the playground. The City's Neighborhood Participation Program paid for these amenities. Learn how your neighborhood can submit an application to the program on page 6.

## Remember RV parking rules

City law limits the parking of all recreation vehicles and travel trailers on Lakewood streets to 48 hours for loading and unloading of the vehicles. When parked on the street, the recreational vehicle or travel trailer must be parked in front of the property to which the owner of the vehicle is registered.

The limits are in place to reduce the complaints and problems associated with long-term parking of RVs and trailers on City streets while also accommodating the needs of RV and travel trailer owners.

Moving an RV or trailer to a different location on the same street or another street to avoid the time restriction is not permissible. Lakewood's laws also prohibit the parking of any vehicle, trailer or combination of vehicle and

trailer longer than 25 feet in front of a residence unless those vehicles are providing service to a property within 200 feet of where the vehicle is parked. All other trailers transporting boats, horses or other items are limited to no more than six hours of parking on the street.

For more information, call the Community Code Enforcement Division at 303-987-7566, or watch the "RV Parking" video at [www.Lakewood.org/ServiceVideos](http://www.Lakewood.org/ServiceVideos).

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# Letter from the **mayor**



## There's no better place for summertime play than Lakewood

Summer is almost upon us, and here in Lakewood there will be no shortage of choices to enjoy a wide variety of recreational, cultural, entertainment and just plain relaxation opportunities, and we've done a great job of rounding them all up at [www.Lakewood.org/Play](http://www.Lakewood.org/Play).

Would you like a weekend escape of camping, biking, hiking, horseback riding and fishing but not have to run the gauntlet of Interstate 70 traffic? Bear Creek Lake Park offers all these activities without even leaving the city! If golf is your passion, the City offers 45 holes of some of the best and most reasonably priced golf in Colorado. Fox Hollow has three separate nine hole courses, each offering a uniquely different golfing experience. The

Homestead is an 18 hole executive course featuring both challenging holes and spectacular views. And tee times can be booked online at [www.LakewoodGolf.org](http://www.LakewoodGolf.org).

For those who would like to find a relaxing way to get fresh air, experience moderate exercise and see different parts of the city, our Gold Medal-winning Community Resources Department is again offering the Passport to the Parks program. Did you know we have more than 90 parks in Lakewood? The program encourages you to walk, bike or play in as many parks this summer as possible, and the passport booklet features mileage maps, available activities at each park and fun or historical facts about the parks. Participants also are eligible for monthly prize drawings, so check it out at [www.Lakewood.org/PassportParks](http://www.Lakewood.org/PassportParks).

Some of our parks offer sheltered venues for special events like birthdays, reunions and neighborhood get-togethers. Call 303-987-7800 or go online to [www.Lakewood.org/ShelterRentals](http://www.Lakewood.org/ShelterRentals) to make reservations.

Summer in the city sometimes means cooling off too. Lakewood has five outdoor water facilities: outdoor pools at Carmody, Morse Park and Glennon Heights and

splash parks for kids of all ages at Surfside and Ray Ross Park. Morse Park and Glennon Heights also offer family nights on select dates this summer from 6:30 to 8 p.m. with some nights including an inflatable obstacle course. Check for the dates at [www.Lakewood.org/OutdoorPools](http://www.Lakewood.org/OutdoorPools).

Lakewood has four recreation centers: Whitlock, Carmody, Green Mountain and Lakewood Link, and each of the centers also has an indoor pool. We offer a Summer Fun Pass with unlimited admission all summer long to all pools, splash parks and recreation centers for just \$79 for kids and \$99 for adults.

The Community Connection catalog shows you all the classes, summer camps and activities for you and your family, and you can register online at [www.Lakewood.org/CommunityConnection](http://www.Lakewood.org/CommunityConnection).

The popular Sounds Exciting! Summer Concert series returns to the Bonfils-Stanton Foundation outdoor amphitheater at Belmar Park beginning June 24. Season tickets are available for just \$27 through June 1. Think about what a steal that is for six shows with two acts per show. Certainly it's one of the best entertainment values in the metro area!

We kick off the summer with the free annual Rockin' Block Party

on June 13 from 5 to 11 p.m. at the Lakewood Heritage Center, featuring food, music and fun. And don't forget National Night Out on Aug. 4, when dozens of neighborhoods throughout the city host their own block parties in coordination with our Lakewood Police Department. Police agents try to visit as many block parties as possible that night, so register your event at [www.Lakewood.org/NN0](http://www.Lakewood.org/NN0).

At the risk of sounding more like your cruise director rather than your mayor, I encourage everyone to get out and enjoy the sights, sounds, smells and activities this wonderful community has to offer this summer!

Bob Murphy  
303-987-7040  
[bmurphy@lakewood.org](mailto:bmurphy@lakewood.org)

## Council **Corner**

### Ward 4



Adam Paul



David Wiechman

### Dreams fulfilled in Ward 4

With the end of spring comes the beginning of summer, bringing out the "green" on Green Mountain. Here on the southwest side of town, we are in full swing using all the beautiful parks and open space this area has to offer.

Dave recently had the opportunity to participate in a pickleball clinic at the Green Mountain Recreation Center. This relatively new sport is really taking off in Lakewood. It combines elements of tennis/racquetball/Ping-Pong but uses equipment that is far less jarring and damaging on our muscles and joints. Therefore, it is a great health activity for older adults as well as being a real blast for all ages. GMRC has a wealth of pickleball opportunities. In addition to offering regular games in the main gym on Tuesdays and Thursdays, the City built two new tennis and two pickleball courts outside the center last year. For more details on how to get in on this exciting sport, call Sara at 303-987-7830.

Another exciting event for us personally was the official opening of the baseball field at Foothills Elementary School at Ohio/Youngfield/Zinnia. You may recall we participated in a public-private collaboration called Foothills Field of Dreams. In this project, the school worked with the City and the neighbors to turn a dilapidated dirt field into a first class baseball field. After raising hundreds of thousands of dollars (including a grant from Great Outdoors Colorado), the project was completed this past fall and winter. On April 3, the community came together to officially open the baseball field with several leaders of the collaborative effort "throwing out the first ball." Although the major hurdle has been cleared, the project will continue with the possible addition of a community garden and other landscaping. It's amazing to see what can be done when we ALL come together to support a need in the community.

Speaking of parks, summertime brings numerous opportunities for residents to get involved in volunteer projects around town. One of these is the mountain bike patrol that helps around Hayden Park on top of Green Mountain. More information is available at [Lakewood.org/HaydenPark](http://Lakewood.org/HaydenPark).

With Adam leaving City Council because of term limits, he would like to reflect on his time serving Ward 4:

*I would like to take a moment to thank you for allowing me to serve for the last eight years. It has been an honor and a privilege. I am proud of the many things we accomplished together. We live in a caring, safe and vibrant community that has a very bright future. I'm proud to call Lakewood my home and you my friends. The work needed to keep Lakewood moving forward is never done. It takes a partnership between our great citizenry, hardworking and dedicated employees and committed elected officials who share a common goal, and that is to keep Lakewood flourishing. As I wind down my term, I look forward to a bright future for our great city!*

In conclusion, just a reminder we have regular ward meetings most months on the second Saturday at Green Mountain Presbyterian Church at Alameda and Mississippi avenues from 9:30 to 11 a.m. Everyone is welcome to attend and share with us his or her ideas and concerns. If you need something from City staff, please go to Request Lakewood online at [Lakewood.org/RequestLakewood](http://Lakewood.org/RequestLakewood).

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#### City Manager Kathy Hodgson

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# Economic Development

## Lakewood builds team to support our small businesses

Don't you just love to watch the business consulting reality TV shows that are so popular right now? Between "Restaurant Impossible," "Shark Tank" and "Bar Rescue," I feel like I'm getting a Masters of Business Administration. I love to learn the expert insights for each industry and how small changes to business plans improve success. The underlying theme of the reality shows is the same — entrepreneurs fall into a "passion pit." They love what they do, they love the industry, love the customers, but somehow they lack knowledge of business basics. Business owners on the shows don't always have the skills in business plan writing, pro forma analysis, tenant improvement requirements, financing, due diligence, marketing and more. The lesson the shows conclude with is that entrepreneurs must build a team of experts to give second opinions, review plans and visions, analyze the books and help with marketing.

The same goes for real life businesses. While business owners know their industry, Lakewood provides opportunities for them to take advantage of

the numerous free and low-cost resources contributing to success. If you were an entrepreneur and had the opportunity to learn what you could learn on one of these television shows, would you? Well, you do have an opportunity to access the same kind of expertise as the shows with Lakewood's business development partners such as the Jefferson County Business Resource Center (JCBRC) and Red Rocks Community College. But luckily, you'll avoid the ratings drama of the shows!

When starting a new business, a good first step would be to contact Lakewood Economic Development at 303-987-7730. In addition to helping you find an ideal location that is compatible with the zoning, visibility, demographic base and price that you need, we can help you with licensing, networking and any questions you have about doing business in Lakewood. We then refer you to one of our many free and low-cost consulting partners. The JCBRC is a City-supported nonprofit that provides confidential free and low-cost counseling and seminars to entrepreneurs. The center's staff members provide programs such as "Launch," a six-week intensive course taught by industry experts to provide the necessary training and skill development for launching a successful business. These experts can help you create and improve your business plan, write and analyze a pro forma budget and help you craft your marketing plan. They ask you the difficult questions and help you find answers before you learn the hard way.

If a six-week intensive program isn't appropriate for you at this

time, JCBRC also offers resources such as personalized, confidential one-on-one counseling, candid visibility and perception analysis, lists of advertising and marketing opportunities and more. The center can tailor its assistance to your needs.

If you want even more intensive education, Red Rocks Community College has credit programs in topics such as business foundations and small business startup. Students can take courses in marketing, financing, time management, legal aspects and more. These programs provide a more collegiate setting for entrepreneurs and serve those small business owners with a different learning style who require a more structured environment.

It is important to Lakewood to retain businesses in our

community, including our small, locally owned and operated entrepreneurial ventures. Residents appreciate the vibrancy and quality of life that unique restaurants, service providers and local businesses bring to our community. These entities also collect the sales tax that supports the City services that maintain Lakewood as a premier location to locate a business, which in turn attracts employees and residents. The City is proud to provide extra help with navigating the challenges of business ownership to all of its entrepreneurs.



**Nanette Neelan**  
Deputy city manager  
and economic  
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## Jefferson County Business Resource Center unveils 'Launch' program

Congratulations to Dr. Jake Hasse, with Hasse Family Chiropractic Clinic on Union Boulevard, for successfully completing the requirements to be in the first graduating class of the Jefferson County Business Resource Center's "Launch" program. This six-week program starts businesses off on the right foot by teaching coursework on the following topics:

- Writing a business plan.
- Business law and liability.
- Business finances: bookkeeping, budgeting and taxes.
- Marketing: PR, branding, websites, social media, print and promotions.

- Banking, merchandising and customer service.

Dr. Hasse's business plan was so well written and complete, he even earned a \$100 cash prize, offsetting most of his registration costs. "The program was a tremendous help. I was provided insights into things I never would have otherwise thought about. We don't learn business basics in school, so it was a valuable opportunity to become involved with 'Launch' and the JCBRC. I appreciated my instructors pointing out some of my possible weaknesses early on," he said.



To submit a listing, visit [Lakewood.org/GrandOpenings](http://Lakewood.org/GrandOpenings).

Listed below are openings of new businesses or businesses in new locations in Lakewood.

### The Action Center

8745 W. 14th Ave.  
303-237-7704

[TheActionCenterCo.org](http://TheActionCenterCo.org)

### Applewood Village Barbershop

2070 Youngfield St.  
303-233-5023

[AvBarbershop.com](http://AvBarbershop.com)

### CDemarra

11100 W. Alameda Ave.  
720-475-1151

[CDemarra.com](http://CDemarra.com)

### Chiropractic & Wellness Specialists

200 Union Blvd., Suite 440  
303-953-520

[ChiroWellnessSpecialists.com](http://ChiroWellnessSpecialists.com)

### Colorado Art Restoration Services

9780 W. Colfax Ave.  
303-238-9709

[ColoradoArtRestoration.com](http://ColoradoArtRestoration.com)

### Cornerstone Home Lending

390 Union Blvd., Suite 320  
303-957-2484

[HouseLoan.com](http://HouseLoan.com)

### Debt and Income Solutions

8996 W. Asbury Drive  
303-732-6044

### Domino Service Dogs

6505 W. Alameda Ave.  
<http://DominoServiceDogs.com>

### Home Care Assistance

12792 W. Alameda Parkway, Unit F  
1-866-4-Liveln

### Katchen and Company

7111 W. Alameda Ave., Suite 0  
303-237-8658

[KatchenCompany.com](http://KatchenCompany.com)

### Lakewood Arts Council

6731 W. Colfax Ave.  
303-980-0625

[LakewoodArtsCouncil.org](http://LakewoodArtsCouncil.org)

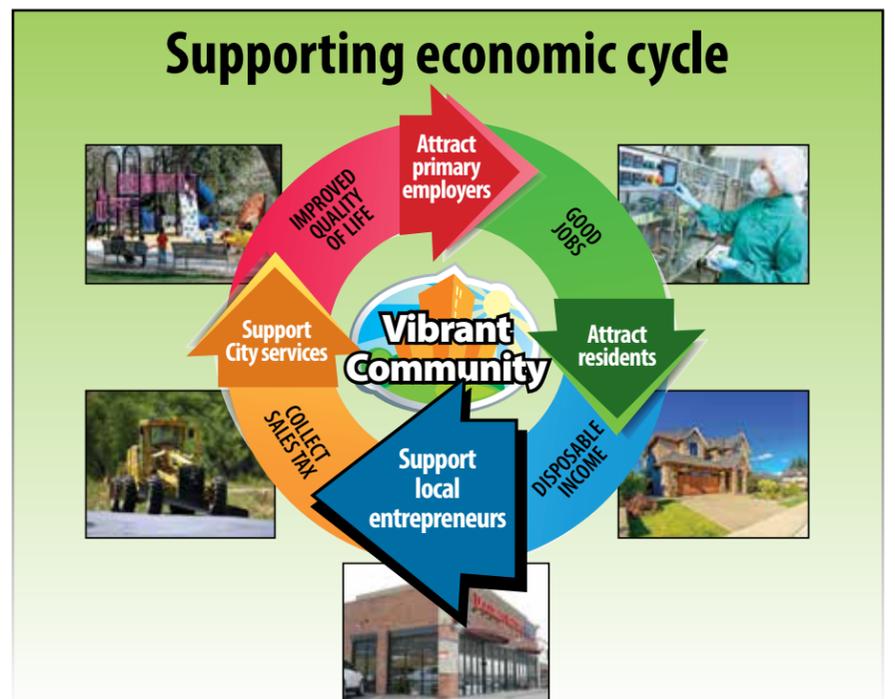
### Synergy Homecare of West Denver

12211 W. Alameda Parkway, Suite 203  
720-263-6060

[Synergyhomecare.com](http://Synergyhomecare.com)

## Attention entrepreneurs!

Through a sixth-grade class project, Lauren at Hutchinson Elementary School investigated retail markets in the Green Mountain area. Her research indicated that there weren't enough frozen yogurt shops to meet customer demand. Lauren took the time to contact Lakewood Economic Development to share the benefits of attracting a frozen yogurt business to the Green Mountain area. Please call Economic Development at 303-987-7730 for assistance with site selection, financing and demographic-spending reports if you are interested in starting a frozen yogurt business in that area.



## City moves forward with new vision

### Lakewood 2025: Moving Forward Together



Lakewood has a new vision for where it wants to go during the next 10 years, and it includes keeping the city a safe community with strong

neighborhoods, providing an adequate mix of housing choices, pursuing a thriving and sustainable economy with a variety of

employment, becoming a leader in sustainability and accomplishing a number of other goals.

In April, the City Council approved an updated Comprehensive Plan, Lakewood 2025: Moving Forward Together, and the plan is a critically important document that articulates how residents want Lakewood to evolve, change, grow and become more sustainable. It outlines goals and actions to achieve the community's vision, and it provides guidance for making decisions.

The plan is available to review by calling 303-987-7515 or visiting [www.Lakewood.org/CommunityPlans](http://www.Lakewood.org/CommunityPlans). It looks at nearly every aspect of life in the city. Through a series of chapters, the plan provides a vision by considering the following items:

- Addresses the overall livability of Lakewood by considering neighborhoods, parks, libraries, schools, family services, a diverse housing supply for all ages and incomes, cultural resources and art.
- Provides for healthy, strong and stable neighborhoods by encouraging neighborhood organizations, community gardens and other amenities.

- Identifies growth areas along major transportation corridors for development of new employment, shopping and housing opportunities in places that have frequent light rail and bus service as well as good automobile access.

- Outlines goals and strategies for a strong, sustainable economic base that includes reinvesting in existing areas and fostering new development.

- Pinpoints recommendations for improvements to create a better, interconnected system of roads, sidewalks and trails to serve cars, bicycles and pedestrians.

- Sets the direction for addressing such topics as air quality, climate, water, biodiversity and waste.

- Organizes goals and actions steps, which become a work plan for City staff to research, develop and make recommendations to City Council for addressing the city's future.

The updated plan was developed through an extensive public process during the last 1.5 years. The public process included numerous open houses, online public commenting, and an advisory committee consisting of Lakewood's Planning Commission, residents and representatives of business organizations.

## Stormwater utility charge to change in 2016

The stormwater utility service charge that all property owners pay annually will increase in 2016 so that flooding problems in the city can be fixed faster to protect lives and reduce damage to homes, businesses, roads, public facilities and private property.

The rate for 2016 will be \$3.70 a month for single-family homeowners, or \$44.40 a year, and the charge for other property owners will increase proportionally. For examples of 2016 charges for a variety of properties, visit [www.Lakewood.org/StormwaterUtility](http://www.Lakewood.org/StormwaterUtility).

The City Council approved the change after having a communitywide

discussion about the service charge with residents during 2014 and 2015 that included online and other public comment, multiple public meetings and a public hearing. The stormwater utility service charge has been in place since 2000 and has never before been increased from \$1.98 a month or \$23.76 a year for single-family homeowners.

The service charge funds the City's Stormwater Management Utility, which works to repair, maintain and make improvements to the stormwater drainage system — what most people think of as

the storm sewer. Like other utilities such as the sanitary sewer system for kitchen and bathroom waste, all residences and businesses contribute to storm runoff, and that runoff has to be managed to protect the community and its quality of life.

Residents asked City Council to consider accelerating improvements to the storm drainage system following incidents caused by heavy rains in 2013. The drainage system has hundreds of miles of culverts, inlets, pipes and other structures and 18 drainage gulches that run

generally west to east toward the South Platte River. The Stormwater Management Utility works each year to make improvements, but the list of needed improvements is quite long.

The new rate for the service charge, which will be reflected on bills issued in 2016, will allow the utility to make the 10 most needed improvements to reduce flooding in the city in the next 10 years.

For more information about the change for 2016, call 303-987-7500 or visit [www.Lakewood.org/StormwaterUtility](http://www.Lakewood.org/StormwaterUtility).

## artspace

### Making space for artists

Preliminary work on an innovative project is underway that could serve as a catalyst to help invigorate an older part of the city and build on Lakewood's reputation for the arts.

City Council has approved an agreement with Artspace, a national leader in developing permanently affordable housing and work space for local artists and arts organizations. Artspace projects, completed in either historic buildings or with new construction, are in more than 20 states, where the developments have helped revitalize deteriorated areas and fostered economic development through the arts. Learn more at

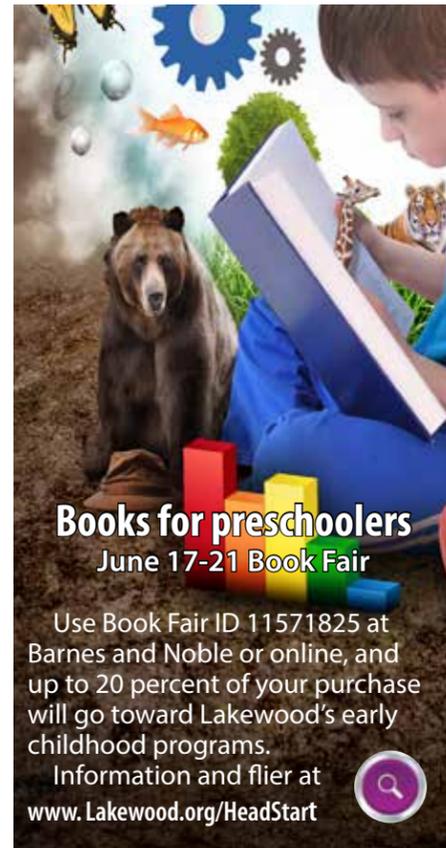
[Artspace.org](http://Artspace.org).

A wide-ranging survey taken by more than 400 artists, arts organizations, community members and businesses showed that the market could support a project with more than 50 units for living and working as well as space for arts-related businesses.

The City's agreement with the nonprofit organization provides \$600,000 from Lakewood's economic development funds for Artspace to analyze two pieces of property for a new development in the 40 West Arts District, which centers on West Colfax Avenue and Lamar Street. The money also will assist with designing the look of the building and its apartments and outlining ways for Artspace to finance, or pay, for the development. The City's economic

development funds come from a voter-approved lodging tax in place since 1984.

The Artspace project would be a valuable addition to 40 West, one of 12 state-certified creative districts, because it would provide a permanent community of residents who are artists in 40 West. The district includes art galleries, a high-profile performance theater, public art, the Rocky Mountain College of Art + Design, numerous creative businesses, art exhibits and festivals. The district is within walking distance from the Lamar Station on the W Line, and it works with the college and partners throughout Lakewood to provide a number of arts opportunities and experiences.



### Books for preschoolers June 17-21 Book Fair

Use Book Fair ID 11571825 at Barnes and Noble or online, and up to 20 percent of your purchase will go toward Lakewood's early childhood programs.

Information and flier at [www.Lakewood.org/HeadStart](http://www.Lakewood.org/HeadStart)

## THERE ARE SO MANY WAYS TO



### SATURDAY NIGHT CAMPFIRE PROGRAMS

7:30 p.m., June 20, June 27, July 11, July 18, July 25, August 1, August 8  
Bear Creek Lake Park

Hear stories of the flood, visit HawkQuest, learn more about endangered species or get to know bats and butterflies with the park naturalists. After the program, you'll get to roast marshmallows! No registration required, park entry fee applies.



### SOUNDS EXCITING!

June 24, July 1, July 8, July 15, July 22, July 29  
Bonfils-Stanton Foundation Amphitheater at Lakewood Heritage Center

Stretch out on the lawn and listen to a mix of local and national acts during this highly anticipated series: REBECCA FRAZIER WITH HIT & RUN, THE HAZEL MILLER BAND, CREOLE STOMP, SAM LEE, SOUTHERN DRAWL BAND, and GINGA. Purchase your tickets today!



### FAMILY NIGHTS AT THE POOL

Glennon Heights Pool: 6:30-8 p.m.  
June 8, June 23, July 10\*, July 22, August 8\*  
Morse Park Pool: 6:30-8 p.m.  
June 4, June 17\*, June 29, July 14, July 27\*

The pool will be open late for pool games and, on select evenings, the inflatable obstacle course (indicated with an \*). Daily admission fees apply.

### SUMMER FUN PASS

Valid May 28-September 7

Get unlimited general admission access to all four recreation centers and all outdoor pools and spray parks this summer! On sale now at any recreation center or pool.  
Youth/Student/Senior: \$79 | Adult: \$99  
Household (of 2): \$149 (\$20/add'l person)



### FREE! ROCKIN' BLOCK PARTY

June 13  
Lakewood Heritage Center (LHC)

The City is excited to honor its heritage and residents by hosting this free annual event.  
5-7 p.m. LHC tours / field games for the kids  
7:30 p.m. Live music: The Nacho Men  
Dusk Movie under the stars: "Raiders of the Lost Ark" (PG)  
Free popcorn provided by Foothills Credit Union



### GRIN & BEAR IT! FAMILY ADVENTURE RACE

July 17  
Bear Creek Lake Park

Get muddy with mom or dash with dad! Teams of two will compete in a lake crossing, mountain bike course and run. Register today.

## 2015 summer camps

Have an AMAZING, ACTIVE, ADVENTUROUS and FUN summer! Registration is open.



### PASSPORT TO THE PARKS

All summer

Grab a friend, family member or furry friend to walk, run, bike and play in as many parks as you can. Register and receive a booklet with park highlights and activities, discounts for other Lakewood events and more.

## Apply for grant to help your neighborhood

Would your neighborhood benefit from having a new playground in the neighborhood park? Would building a missing link of sidewalk in your neighborhood really help? If so, then apply for the City's Neighborhood Participation Program.

The program offers grants for projects that organized neighborhood groups believe would make a difference in improving their neighborhoods. The colorful bicycle racks at Morse Park are an example of a recent project funded by NPP.

Another example is the renovation of Green Gables Park playground, which included replacing an old wooden play structure with a net climber, slides and a rock climber and adding a Supernova spinning donut, spinner bowl and seesaw along with new swings. The grants offer an outstanding opportunity for neighborhood organizations to come together to make a difference in their neighborhoods.

A total of \$160,000 is available for grants to neighborhoods, and

each project is eligible for a grant of up to \$60,000. To qualify, projects must provide a general benefit to the neighborhood and must be located on public property. An organized group representing the neighborhood also must submit an application to the program.

Project proposals compete directly with other applications and are evaluated based on criteria including the benefit to the neighborhood, health and safety, compliance with the Lakewood

Comprehensive Plan and the Community Resources Department's Comprehensive Master Plan as well as neighborhood support and maintenance requirements. The City Council makes the final selection of the projects to receive grants.

Additional information and applications are available at [www.Lakewood.org/NPP](http://www.Lakewood.org/NPP), and the deadline to apply for 2016 grants is Sept. 18. For more information, contact Holly Boehm at 303-987-7507 or [holboe@lakewood.org](mailto:holboe@lakewood.org).

## What do you do when you hear outdoor sirens?

The City's outdoors sirens are used primarily to warn residents who are outdoors of weather dangers such as a tornado, but the system also can be activated to issue warnings for chemical spills or a flash flood. When you hear Lakewood's outdoor sirens, you should take the following steps.

- If you are outside, seek shelter immediately.
- Turn on the radio or television to a news station for information on what is happening. The designated

Emergency Broadcast Station in the Denver area is 850 KOA AM.

- Do NOT telephone the police or fire departments to ask why the sirens are wailing. This ties up dispatchers, making them unavailable to handle emergency calls.
- If you believe the reason the sirens have been activated is for a tornado, take shelter immediately. At home, take cover in the basement. For homes without a basement, take cover in the center part of the house away from windows.

- If you are outside and can't reach shelter, lie flat in a nearby ditch or depression and cover your head with your hands in the case of a tornado.
- Do not remain in a trailer or mobile home.
- At work or school, go to the interior hallways on the lowest floor or to the designated shelter area away from windows.
- Continue listening to the radio or television for developments on the emergency and for information on when it is safe to leave your shelter.

- Residents are encouraged to buy a National Oceanic and Atmospheric Administration weather radio or sign up for the CodeRed system at [Your911.net](http://Your911.net) as additional ways to receive warnings.

Learn more and watch a video about what to do when the outdoor sirens sound at [www.Lakewood.org/Sirens](http://www.Lakewood.org/Sirens). For more information about the City's outdoor siren warning system, call 303-987-7190.

## 2015 Citizens' Planning Academy

Lakewood's popular Citizens' Planning Academy, a dynamic and interactive program intended to provide residents with the fundamentals of city planning, is scheduled to begin in August.

CPA sessions are led by

nonpartisan planning experts invited by the City's Planning Department to present on a variety of planning topics. CPA is open to anyone interested in learning about how cities manage the long-term vision of their residents, land uses, subdivisions, traffic

and legal matters, along with how new developments are designed, reviewed and approved. CPA participants will create a fictional project that will be brought in front of a mock planning commission, which is made up of their peers. The CPA concludes with a mock public

hearing featuring CPA participants in various roles as developers, planners, commissioners and residents.

Please visit the website and view the application for more information at [www.Lakewood.org/PlanningAcademy](http://www.Lakewood.org/PlanningAcademy).

### 2015 Application

Name \_\_\_\_\_

Lakewood Address \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Ward \_\_\_\_\_

1. Why are you interested in attending the Lakewood Citizens' Planning Academy? \_\_\_\_\_

\_\_\_\_\_

2. Do you have an area of particular concern you would like the Planning Academy to address? \_\_\_\_\_

\_\_\_\_\_

3. Please identify three issues or opportunities you feel are important to/for Lakewood.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

4. Do you currently serve on a board or commission? \_\_\_\_\_

\_\_\_\_\_

The Citizens' Planning Academy is limited to 25 participants. If accepted, it is important that participants attend all sessions. The dates and times are listed on the right. Dinner will be served during each session at no cost.

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Citizens' Planning Academy 2015 Schedule:

**Session #1**  
Thursday, Aug. 13, 5:30-9 p.m.

**Session #2**  
Thursday, Aug. 27, 5:30-9 p.m.

**Session #3**  
Thursday, Sept. 10, 5:30-9 p.m.

**Session #4**  
Thursday Sept. 24, 5:30-9 p.m.

**Session #5**  
Thursday, Oct. 8, 5:30-9 p.m.

**Session #6 - Mock Hearing & Graduation**  
Thursday, Oct. 22, 5:30-9 p.m.

Applications are due by 5 p.m. Friday, June 19. Apply online or mail applications to: City of Lakewood, Attention: Stephen Wilson, 480 S. Allison Parkway, Lakewood, CO 80226-3127. Applicant notifications will be sent out June 26.



## Do you live in a flood hazard area?

Heavy spring thunderstorms are strong reminders that some properties in Lakewood lie in a flood hazard area even though they don't regularly appear to be in danger. You can check to see if your property is considered to be in a flood hazard area by visiting or writing Lakewood's Public Works Department, 480 S. Allison Parkway, 80226, or by calling 303-987-7500 for this free service.



Flood hazard information for your specific property also can be requested at [www.Lakewood.org/DrainageAndFloodplain](http://www.Lakewood.org/DrainageAndFloodplain). Flood insurance rate maps and additional information can be obtained online from the National Flood Insurance Program at [FloodSmart.gov](http://FloodSmart.gov). You also can find information in the reference section that Lakewood established at the Lakewood Public Library, 10200 W. 20th Ave.

Even if you already know that your property is located within a flood hazard area, the Public Works Department can provide you with flood plain information on City Flood Hazard Area Delineation studies, flood depth data, elevation certificates, landslide hazards, historic flood events and designated wetlands in the National Wetlands Inventory. Public Works staff members are available to visit your property to discuss potential flood hazards.

Floods can happen in high, medium



and low risk flood areas. There is no way to predict where flooding will occur in Lakewood. It can happen to you.

### Property protection in or near a flood hazard area:

- Analyze the slope of the ground around your foundation. Check to see that you have slopes that drain away from your foundation a minimum of 7 to 10 feet on all sides.
- Check your gutters and downspouts to see that they drain away from your foundation. Use splash blocks as necessary. Also make sure that your downspouts do not drain to your

neighbor's foundation. Remember, water standing in your yard can seep into a basement.

### Tips for living in or near a flood hazard area:

- Help keep drainageways clean. Do not dump or throw debris into gulches and ditches, including branches, grass clippings, garbage, dirt and other materials. Debris can clog drainageways, creates hazards and is not permitted.
- If you see dumping in gulches and ditches or potential problems such as blocked culverts, please contact the Public Works Department

immediately at 303-987-7500.

- Always check with Lakewood before you build, regrade, fence, fill or otherwise alter your property. Any work within a flood hazard area requires a special permit from the City. Call 303-987-7500 to ask about flood plain development requirements.
- Check to see if you have a current flood insurance policy for your property. If not, talk to your insurance agent. Standard homeowner's or renter's insurance policies do not include protection from flood damage. You must purchase a separate flood insurance policy in order to cover potential losses.
- Flood insurance covers most surface floods. If you are considering flood insurance or already have it, check to see whether you are covered for both the structure and the contents. If you are a renter, flood insurance can be purchased for your contents.
- The City has entered into a federal program that provides lower flood insurance rates for any property owner in Lakewood whether or not the building is in a flood plain. For flood insurance and rate details, contact your insurance agent. To search for an agent by your ZIP code, contact the National Flood Insurance Program at 888-435-6637 or [FloodSmart.gov](http://FloodSmart.gov).

## 2015 DFC Farmers Market

June 11-August 27, 2015

Thursdays 11 a.m.-1 p.m.

Bicentennial Park  
Denver Federal Center



[www.gsa.gov/dfcfarmersmarket](http://www.gsa.gov/dfcfarmersmarket)

[www.facebook.com/denverfederalcenter](http://www.facebook.com/denverfederalcenter)

[www.twitter.com/US\\_GSAR8](http://www.twitter.com/US_GSAR8)



# Get Involved

## Know Your City Council Members



**Mayor Bob Murphy**  
Mayor's Office: 303-987-7040  
bmurphy@lakewood.org



**Shakti**  
303-987-7740  
303-987-7740 Voice Mail  
shakti@lakewood.org



**Pete Roybal**  
720-432-7554  
303-987-7743 Voice Mail  
proybal@lakewood.org

### Ward 3



**Ramey Johnson**  
303-232-1567  
303-987-7728 Voice Mail  
rjohnson@lakewood.org

### Ward 1



**Karen Kellen**  
303-910-0541  
303-987-7729 Voice Mail  
kkellen@lakewood.org



**David Wiechman**  
303-986-4818  
303-987-7748 Voice Mail  
dwiechman@lakewood.org

### Ward 4



**Adam Paul**  
303-988-6484  
303-987-7766 Voice Mail  
apaul@lakewood.org



**Scott Koop**  
303-233-1198  
303-987-7738 Voice Mail  
skoop@lakewood.org

### Ward 2



**Cindy Baroway**  
720-300-5986  
303-987-7739 Voice Mail  
cbaroway@lakewood.org



**Karen Harrison**  
303-987-7767  
303-987-7767 Voice Mail  
kharrison@lakewood.org

### Ward 5

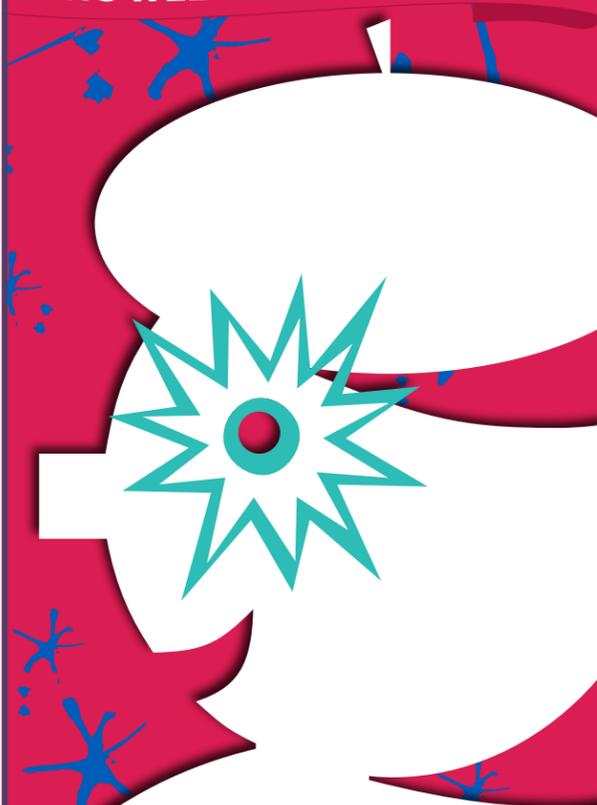


**Tom Quinn**  
303-717-8862  
303-987-7776 Voice Mail  
tquinn@lakewood.org

To learn more about City Council, visit [Lakewood.org/CityCouncil](http://Lakewood.org/CityCouncil)

# INSPIRE

## ARTS WEEK LAKEWOOD 2015



Lakewood.org/INSPIRE • 303.987.7845



Thursday  
June 4

#### LAKEWOOD CULTURAL CENTER

**FREE** *The Essential Figure Opening & Piano Music Mix* by Rockley Music Center / 5-7 p.m.  
LAKEWOOD ARTS COUNCIL / **FREE** *Tails of the Painted Cats Reception* / 6:30-8 p.m.  
LAKEWOOD SYMPHONY / \$ *Choral Poets* / 7:30 p.m.

Friday  
June 5

WASHINGTON HEIGHTS ARTS CENTER / **FREE** *Open House & Pottery Project* / 9 a.m.-noon  
40WEST ARTS DISTRICT / **FREE** *Wonders of Nature Opening* / 5-7 p.m.  
BELMAR / **FREE** *Music on the Plaza* / 6-8 p.m.  
BELMAR BLOCK 7 ARTS DISTRICT / **FREE** *Art Walk* / 6-9 p.m.  
DIAGNOSISART! / **FREE** *Block 7 Arts Walk* / 6-9 p.m.  
VALKARIE GALLERY & STUDIO / **FREE** *Double X Opening* / 6-9 p.m.

Saturday  
June 6

LAKEWOOD ARTS COUNCIL / **FREE** *Sidewalk Art* / 11 a.m.-3 p.m.  
LAMAR STATION CROSSING / **FREE** *Chalk Art Festival* / 11 a.m.-3 p.m.  
ZIKR DANCE ENSEMBLE / \$ *"Invocation"* / 7:30 p.m.

Sunday  
June 7

ANNE VAN LEEUWEN STUDIO / \$ *Intro to Making Cyanotype Prints* / 1-2:30 p.m.  
VALKARIE GALLERY & STUDIO / **FREE** *Artist Trading Cards* / 1-4 p.m.  
ZIKR DANCE ENSEMBLE / \$ *"Invocation"* / 2 p.m.

Tuesday  
June 9

LAKEWOOD CULTURAL CENTER / **FREE** *Try It Art Camp!* / 1-3 p.m.

Wednesday  
June 10

LAKEWOOD LIBRARY / **FREE** *Behind America's Masterpieces* / 6 p.m.  
ANAM CARA LIVING ARTS STUDIO & GALLERY / \$ *Intuitive Arts Journaling* / 6-9 p.m.  
TWIGS AND TWINE / \$ *Learn to Paint Furniture!* / 6:30-9 p.m.

Thursday  
June 11

VALKARIE GALLERY & STUDIO / **FREE** *Creative Night* / 5-9:30 p.m.  
TRUE COLORS STUDIO & GALLERY  
**FREE** *What to Look for in a Painting Beyond the Obvious* / 6:30-7:30 p.m.

Friday  
June 12

BELMAR / **FREE** *Music on the Plaza* / 6-8 p.m.  
PERFORMANCE NOW THEATRE COMPANY / \$ *"Guys and Dolls"* / 7:30 p.m.  
THE EDGE THEATRE COMPANY / \$ *"Lucky Guy"* / 8 p.m.

Saturday  
June 13

LAKEWOOD HISTORICAL SOCIETY / \$ *What's it Worth? Appraisals* / 10 a.m.-3 p.m.  
LAKEWOOD HERITAGE CENTER / **FREE** *Rockin' Block Party* / 5-11 p.m.  
PERFORMANCE NOW THEATRE COMPANY / \$ *"Guys and Dolls"* / 7:30 p.m.  
THE EDGE THEATRE COMPANY / \$ *"Lucky Guy"* / 8 p.m.

Sunday  
June 14

PERFORMANCE NOW THEATRE COMPANY / \$ *"Guys and Dolls"* / 2 p.m.  
THE EDGE THEATRE COMPANY / \$ *"Lucky Guy"* / 6 p.m.

