



CITY OF LAKEWOOD

Sustainability Award Winner

Community Sustainability Award

Emily Post - Zero Waste Lifestyle

The average American creates 4.4 pounds of trash a day, and with busy schedules and the abundance of to-go containers it is a challenge to successfully live a zero-waste lifestyle. Despite these everyday challenges, Emily Post has been a champion of living a low-waste lifestyle for five years. Through her dedication and resourcefulness, Emily's family of five produces just 4 to 6 pounds of trash a month.

To achieve such a low volume of waste, Emily makes strategic decisions to reduce packaging while shopping for food and necessities for her family, including finding products with less packaging and buying in bulk. Through her community outreach at Zero Waste Club meetings and as an active participant of Sustainable Green Mountain and Lakewood's Earth Day Celebration, Emily is an important advocate for reducing waste in the Lakewood community.

Project Achievement Areas:

Zero waste



L A K E W O O D
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AWARDS



Lakewood
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