

# City of Lakewood

# SUSTAINABILITY AWARDS

## 2012

### DEFENDER OF THE PLANET

Lakewood High School Breathe Easy Team

### Youth Tobacco Prevention



Students from the **Lakewood High School Breathe Easy Team (LHS BE Team)** volunteer their time to address tobacco use among their peers, educate students and the community on the health risks associated with tobacco use, and advocate for policies that reduce tobacco's toll on the community.

#### Significant accomplishments of the Breathe Easy Team include:

- Annual activities around the Great American Smoke-out, Through with Chew Week, and World No Tobacco Day.
- Developing educational modules and sessions for elementary and middle school students.
- Several Earth Day activities conducted in partnership with organizations such as Exempla Lutheran Medical Center and the Environmental Club at LHS
- Developing skills in public speaking, community outreach and advocacy for policy change to benefit community health.

#### This year's LHS BE Team includes the following students:

Yaa Asare, grade 12  
Kelsey Kerr, grade 12  
Jenny Koziel, grade 12  
Leilani Labajo, grade 12  
Carissa Leeper, grade 11  
Rebekah Miller, grade 11  
Miriam Ordonez Rodriguez, grade 12

Pauline Reichman, grade 10  
Katie Rohwer, grade 12  
Katya Schwab, grade 11  
Juliana Smolka, grade 11  
Katarina Smolka, grade 12  
Nikayla Strauss, grade 12  
Tim Zumalt, grade 12



#### Project Achievement Area

- Community Health & Engagement

